



Grove City College Career Services Office Career Resources/Advice for High School Students

SELF-ASSESSMENT:

- Myers-Briggs Type Indicator (MBTI): <https://www.16personalities.com/>
- Career Clusters Interest Survey: <http://www.careertech.org/sites/default/files/StudentInterestSurvey-English.pdf> - identify your top 3 career clusters
- Big Future – Know Yourself: <https://bigfuture.collegeboard.org/get-started>
- Education Planner: <http://www.educationplanner.org/students/self-assessments/index.shtml>
- CareerExplorer: <https://www.careerexplorer.com/>

RESEARCHING MAJORS & CAREERS:

- College Board's Big Future: bigfuture.collegeboard.org/majors-careers
- MyPlan's What Can I Do With This Major: www.myplan.com/majors/what-to-do-with-a-major.php?sid=ec221e27a084c13e44d3d49e8461ad33
- Occupational Outlook Handbook: <https://www.bls.gov/ooh/>
- O*NET OnLine: <https://www.onetonline.org/>
- Education Planner: <http://www.educationplanner.org/students/career-planning/find-careers/career-search.shtml>
- Fastweb: <https://www.fastweb.com/career-planning>

CAREER EXPLORATION:

- My Next Move: <http://www.mynextmove.org/>
- Jobs Made Real: <http://www.jobsmadereal.com/>
- Exploring Careers Step by Step: <https://bigfuture.collegeboard.org/explore-careers/careers/exploring-careers-step-by-step>
- 5 Ways to Find Career Ideas: <https://bigfuture.collegeboard.org/get-started/known-yourself/5-ways-to-find-career-ideas>
- Education Planner: <http://www.educationplanner.org/students/career-planning/find-careers/index.shtml>
- CareerExplorer: <https://www.careerexplorer.com/>

ADDITIONAL ACTION STEPS:

- ✓ Participate in a job shadow and/or informational interview with people in your field(s) of interest
- ✓ Work, volunteer, seek an internship to gain experience and insights into your skills/interests/strengths

- ✓ Start a resume and begin reflecting on your past work & extracurricular activities that have energized you
- ✓ Start a career journal to document some of your thoughts about possible careers you would enjoy, skills/strengths you possess, things you're passionate about, experiences that have been rewarding/fulfilling for you, etc.
- ✓ Seek advice from people who know you well and ask their input on your strengths. Ask them to share with you about their own college and career experiences.

QUESTIONS FOR REFLECTION:

**Consider journaling responses to some of these prompting questions below and/or talking with your family members and friends about them.*

Reflection 1 — Key values and priorities

What matters to you the most? What do you care about the most deeply? What gives you joy? How would you describe your fundamental beliefs about life? What values or guiding principles do you aspire to live by? What drives you as a person?

Reflection 2 — Key events and people

What events and/or people have been the most influential in your life in terms of shaping your key values and priorities? What have been the 'defining moments' in your life? What experiences have you had that were particularly rewarding and fulfilling for you and why? Who are the role models or people that you respect – or people that have shaped you because you do not respect them – that have helped you to focus in on what is important? Describe how these people came to be so influential.

Reflection 3 — Gifts, talents, and abilities

God wires each of us in a variety of different ways. What have you learned about your talents and gifts? In what situations do you feel right at home, and where do you feel completely out of place? How would others describe you by way of your strengths and gifts? What are skills and abilities that come naturally to you? What are your strengths and weaknesses? How have your talents and skills been nourished by significant people or communities in your life?